



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Mobile: \_\_\_\_\_ Phone Other: \_\_\_\_\_

Date of Birth: dd/mm/yyyy Age: \_\_\_\_\_  Male  Female  Non-binary

PHN: \_\_\_\_\_ WCB (Y / N) Other: \_\_\_\_\_

**Please fax this completed requisition to 780.450.9551**

If you are unable to keep your appointment, please call Central Booking 48 hours prior to your exam at 780.450.1500.

[Refer to Preparation Instructions on reverse](#)

**Appointment Details**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Clinic Location: \_\_\_\_\_

**Locations**

For clinic hours of operation, please scan the QR code or visit [mic.ca](http://mic.ca)



**\*ALL EXAMINATIONS\***

Please bring your Health Care card and another piece of identification with this form.

**Clinical History / Clinical Questions to be Answered**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**X-RAY** Exams Requested:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Exam Requested**

- MPI - Myocardial Perfusion/Function Imaging**
- SPECT (aka MIBI, Nuclear Medicine)**
- PET (with absolute flow quantification and myocardial flow reserve)**
- No Preference
- Cardiac Sarcoidosis Scan**
- Cardiac Amyloidosis Scan**
- Myocardial Viability Imaging**
  - Diabetic
  - Non-diabetic
- Echocardiogram**
- Exercise Stress Test (EST)**
- Exercise Stress Test (EST) for Driver's Medical (not covered by AHC - payment required)**

If the patient has had a previous exercise stress test, please attach a copy of the report

**Cardiac History, Indication & Risk Factors** *Must be filled in by practitioner*

**Cardiac History**

- Chest Pain (*Typical/Atypical*)
- Known CAD
- Post MI
- Post PTCA/Stent(s)
- Post CABG
- Pacemaker
- Aortic Stenosis
- CHF
- Other Valve Disease: \_\_\_\_\_

**Indication for Examination**

- Diagnosis
- Prognosis
- Assess Therapy
- Positive Stress Test, No Symptoms
- Left Bundle Branch Block
- Pre-Operative Assessment
- Typical Angina, Negative or Inconclusive Stress Test
- Prominent Risk Factors
- Unable to Exercise
- Other: \_\_\_\_\_

**Risk Factors**

- Smoking
- Diabetes
- Hypertension
- Family History
- Inactive Lifestyle
- Chronic Renal Failure
- Dyslipidemia

**Pulmonary Medical History**

- COPD** - Has the patient ever been on home oxygen therapy?  Yes  No
- Asthma** - Has the patient ever been hospitalized for asthma?  Yes  No

**Current Medications** *Bring a list of all current medications*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

**Musculoskeletal Assessment**

Is the patient able to perform an exercise stress test?  Yes  No

**Stat Report Instructions**

STAT fax report  STAT verbal report to #: \_\_\_\_\_

**Resting ECG Analysis**

- Normal
- AFIB
- LBBB
- RBBB
- WPW
- Other \_\_\_\_\_

**Relevant Previous Imaging**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Practitioner's Name: \_\_\_\_\_

Practitioner's Address: \_\_\_\_\_

Clinic Ph: \_\_\_\_\_ Clinic Fax: \_\_\_\_\_

Copy to Dr: \_\_\_\_\_ Fax Copy To: \_\_\_\_\_

Signature: \_\_\_\_\_

*Practitioner's Stamp & Practice ID*

Official Diagnostic Imaging Provider for:





**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change or cancel your appointment, please contact Central Booking.

**Only exams below require preparation. Please review carefully to ensure the best exam results.**

### For all Nuclear Medicine and PET CT Imaging

*\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

*\*Please inform your technologist prior to your injection if you are breastfeeding.*

### MPI - Myocardial Perfusion Imaging - For both SPECT and PET CT

Your heart is imaged in two phases, once after stress (exercise or pharmacologic), once while resting, on one day for PET or two days for SPECT. Each appointment takes approximately 2 hours.

**1. Do not consume any caffeine for 24 hrs prior to your stress test appointment**

This includes such things as: coffee (*including decaffeinated coffees*), teas, colas and soda pops, energy drinks, chocolate, as well as other coffee/chocolate-flavoured foods such as candies, bars, pudding and ice cream; daytime/non-drowsy formulations of medications such as Tylenol 3, cough/cold/decongestant and allergy medications also frequently contain caffeine (check package label).

No erectile dysfunction medications (eg. *Viagra, Cialis*) 72 hours prior to your exam (*applies to both males and females*).

**2. Do not eat or drink anything for 4 hours prior to exam**

If you normally take medication in the morning, you may continue to do so with some water (*unless otherwise directed by your physician*).

**3. Bring a list of your medications with dosages included**

Continue to take all your medication(s) as directed by your physician. Should you have any questions about taking your medications for the test, contact your doctor's office.

**4. Diabetic Patients**

**Do not** take your diabetic medications on the morning of your stress test. Bring your medications.

**5. Asthmatic Patients**

Bring your inhalers and medications.

**6. Clothing**

Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.

**7. Food**

Please feel free to bring a snack. There may be a waiting period between the stress test and scan.

### Cardiac Amyloidosis Scan

Your heart is imaged in two phases on one day: once 1 hour after injection and then again 3 hours after injection.

### Cardiac Viability Scan

- Do not eat and do not drink for 8 hours prior to exam.
- Only available for non-diabetic patients in the clinic.
- You may take your prescribed medication(s) as directed by your doctor before the procedure with sip(s) of water.
- The entire appointment may take about 2-3 hours.

### Cardiac Sarcoidosis Scan

- Diet instructions will be provided by the Nuclear Medicine department.
- No intense exercise for 36 hours prior to the appointment time (e.g. jogging, strength training, aerobics etc.).
- 12 hours prior to exam: Complete fast - **no** gum, **no** cough drops or syrup, **no** caffeinated drinks, **no** flavored or fruit infused water.
- Plain water can be consumed during the 12 hour fast.

### Exercise Stress Test - no imaging

Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.

## Locations

For clinic hours of operation, please scan the QR code or visit [mic.ca](http://mic.ca)



### Edmonton

**Allin Clinic (X-ray only)**  
B1, 10155 120 ST NW  
Fax: 780.488.0238

**Century Park**  
201-2377 111 ST NW  
Fax: 780.461.8524

**Gateway Clinic**  
107-6925 Gateway BLVD NW  
Fax: 1.866.815.1715

**Heritage Valley Town Centre**  
2903-119A ST SW  
Fax: 780.665.7063

**Hys Medical Centre**  
202-11010 101 ST NW  
Fax: 780.424.7780

**Lakewood**  
201-7319 29 AVE NW  
Fax: 780.461.7527

### Manning Town Centre

15425 37 ST NW  
Fax: 780.665.7276

**Namao 160**  
209-15961 97 ST NW  
Fax: 1.877.433.9020

**Terra Losa**  
9566-170 ST NW  
Fax: 1.877.543.8044

**Windermere**  
201-6103 Currents DR NW  
Fax: 1.888.442.2136

**MRI, CT & PET CT**  
(Separate requisition available)

**MRI, CT & PET CT Century Park**  
201-2377 111 ST NW  
Fax: 780.433.7286

### MRI Terra Losa

9566-170 ST NW  
Fax: 780.433.7286

### Ft. Saskatchewan

**SouthPointe**  
115-9332 Southfort DR  
Fax: 780.392.1269

### Sherwood Park

**Synergy Wellness Centre**  
501 Bethel DR  
109 - Main Clinic  
145 - Women's Imaging  
Fax: 780.392.1268

### St. Albert

**Grandin X-Ray (X-ray only)**  
1 St. Anne ST  
Fax: 780.458.9096

**Sturgeon Medical Women's Imaging**  
110-625 St. Albert Trail  
Fax: 1.866.215.9996

**Summit Centre**  
102-200 Boudreau RD  
Fax: 780.459.2376

**MIC Business Office Hys Centre**  
203-11010 101 ST NW  
Edmonton  
Fax: 780.425.5979