



# WOMEN'S HEALTH

IMAGING REQUISITION



## Central Booking

Ph 780.450.1500 Toll Free 1.800.355.1755

Fax 780.450.9551

Book an appointment online at [mic.ca](http://mic.ca)



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Mobile: \_\_\_\_\_ Phone Other: \_\_\_\_\_

Date of Birth: dd/mm/yyyy Age: \_\_\_\_\_  Male  Female  Non-binary

PHN: \_\_\_\_\_ WCB (Y/N) Other: \_\_\_\_\_

## Appointment Details

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Clinic Location: \_\_\_\_\_

**Refer to Preparation Instructions on Reverse**

**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

### Locations – For clinic hours of operation, please visit [mic.ca](http://mic.ca)

#### Edmonton

**Allin Clinic** (X-ray only)

B1-10155 120 ST NW

**Century Park**

201-2377 111 ST NW

#### Gateway Clinic

107-6925 Gateway BLVD NW

**Heritage Valley**

**Town Centre**

2903-119A ST SW

**Hys Medical Centre**

202-11010 101 ST NW

#### Lakewood

201-7319 29 AVE NW

**Manning Town Centre**

15425 37 ST NW

**Namao 160**

209-15961 97 ST NW

#### Terra Losa

9566 170 ST NW

**Windermere**

201-6103 Currents DR NW

**Ft. Saskatchewan**

**SouthPointe**

115-9332 Southfort DR

#### Sherwood Park

**Synergy Wellness Centre**

501 Bethel DR

109-Main Clinic

145-Women's Imaging

#### St. Albert

**Grandin X-Ray** (X-ray only)

1 St. Anne ST

**Summit Centre**

102-200 Boudreau RD

**Sturgeon Medical**

**Women's Imaging**

110-625 St. Albert Trail

### Significant Clinical History

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

LMP: \_\_\_\_\_

**X-Ray** Exams Requested:

### Stat Report Instructions

STAT fax report

STAT verbal report to #: \_\_\_\_\_

Send copy of X-rays with the patient

### Ultrasound *Preparation required for exams marked with\**

#### General

- Neck (Salivary glands / Lymph nodes)
- Thyroid
- Complete Abdomen\*
- Renal/Bladder\*
- Pelvis\*
- Antral Follicle Count\* (may have a cost associated with this examination)
- Anal Sphincter
- Venous Doppler (DVT)  R  L
- Other: \_\_\_\_\_

#### Obstetric

- Complete Obstetrical Series\* (early, NT & detailed)
- Early Obstetric (< 12 wk)\*
- Nuchal Translucency Screening\* (11w3d to 14w0d)
- Detailed Fetal Anatomy(> 18 wk)\*
  - add Uterine Artery Doppler
- Obstetric (> 28 wks includes BPP)\*
- Twin Obstetric\*
- Obstetric > 28 wks (limited) Cervical Length\* (provide history)
- Obstetric > 28 wks (limited) Placenta Location\* (provide history)
- Other: \_\_\_\_\_

### Breast Imaging

- Screening Mammography and Supplemental Screening Breast Ultrasound (if indicated based on breast density), Asymptomatic
- Supplemental Screening Breast Ultrasound
- Screening Mammography, Asymptomatic
- Diagnostic Mammography, Provide History
- Diagnostic Breast/Axilla Ultrasound (Provide History)
- Breast Intervention/Biopsy, Provide History



### Bone Densitometry

- Bone Densitometry
- Thoracic and Lumbar Spine (Correlative x-rays)
- Baseline
- >2 yr follow-up
- <2 yr follow-up (applicable risk factors required)
- < 50 yrs (must have referral from AMA approved specialist)

### Whole Body Composition

Practitioner's Name: \_\_\_\_\_

Practitioner's Address: \_\_\_\_\_

Clinic Ph: \_\_\_\_\_ Clinic Fax: \_\_\_\_\_

Copy to Dr: \_\_\_\_\_ Fax Copy To: \_\_\_\_\_

Signature: \_\_\_\_\_

Practitioner's Stamp & Practice ID

Partnered with



Official Diagnostic Imaging Provider for:



**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change, or cancel your appointment, please contact Central Booking.

\*For all examinations (except ultrasound):

1. If it has been more than 28 days since the start of your last period, please confirm with the technologist that you are not pregnant.
2. Some continuous glucose monitoring devices recommend removing the glucose monitor for all radiation imaging exams, while others specify that you only need to remove the device if it is in the direct beam. Some devices say that you don't need to remove them at all. Before scheduling a medical imaging exam at MIC, we recommend that all diabetic patients refer to their glucose monitoring device instructions so they can coordinate their appointment around the replacement of their device. If you are unsure if you will receive radiation during your appointment, please call our [Central Booking team at 780-450-1500](tel:780-450-1500).

**Only exams below require preparation. Please review carefully to ensure the best exam results.**

## Ultrasound

**Abdomen** Nothing to eat or drink for 6 hours prior to the exam.

**Abdomen with Pelvic or RLQ (Appendix)**

1. Nothing to eat for 6 hours prior to the exam.
2. 90 minutes prior to your exam, empty your bladder, then drink 1 litre of water.
3. Finish drinking the full amount one hour prior to the examination.
4. Do not empty your bladder again prior to the examination.

**Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**

*(You may continue to eat)*

1. 90 minutes prior to your exam, empty your bladder.
2. Drink 1 litre of water.
3. Finish drinking the full amount one hour prior to the examination.
4. Do not empty your bladder again prior to the examination.

**Obstetric > 28 weeks** *(Please have a snack prior to the exam)*

1. 90 minutes prior to your exam, empty your bladder.
2. Drink 500ml of water.
3. Finish drinking the full amount one hour prior to the examination.
4. Do not empty your bladder again prior to the examination.

**Anal Sphincter** Exam is done to assess tears of the anal sphincter. Exam is performed both vaginally and transperineal. No preparation required.

## Mammography

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

## Locations

For clinic hours of operation, please scan the QR code or visit [mic.ca](http://mic.ca)



### Edmonton

**Allin Clinic (X-ray only)**  
B1, 10155 120 ST NW  
Fax: 780.488.0238

**Century Park**  
201-2377 111 ST NW  
Fax: 780.665.4289

**Gateway Clinic**  
107-6925 Gateway BLVD NW  
Fax: 1.866.815.1715

**Heritage Valley Town Centre**  
2903-119A ST SW  
Fax: 780.665.7063

**Hys Medical Centre**  
202-11010 101 ST NW  
Fax: 780.424.7780

### Lakewood

201-7319 29 AVE NW  
Fax: 780.461.7527

**Manning Town Centre**  
15425 37 ST NW  
Fax: 780.655.7276

**Namao 160**  
209-15961 97 ST NW  
Fax: 1.877.433.9020

**Terra Losa**  
9566-170 ST NW  
Fax: 1.877.543.8044

**Windermere**  
201-6103 Currents DR NW  
Fax: 1.888.442.2136

### MRI & CT

*(Separate requisition required)*

**MRI & CT Century Park**  
201-2377 111 ST NW  
Fax: 780.433.7286

**MRI Terra Losa**  
9566-170 ST NW  
Fax: 780.433.7286

### Ft. Saskatchewan

**SouthPointe**  
115-9332 Southfort DR  
Fax: 780.392.1269

### Sherwood Park

**Synergy Wellness Centre**  
501 Bethel DR  
109 - Main Clinic  
145 - Women's Imaging  
Fax: 780.392.1268

### St. Albert

**Grandin X-Ray (X-ray only)**  
1 St. Anne ST  
Fax: 780.458.9096

**Sturgeon Medical Women's Imaging**  
110-625 St. Albert Trail  
Fax: 1.866.215.9996

**Summit Centre**  
102-200 Boudreau RD  
Fax: 780.459.2376

**MIC Business Office Hys Centre**  
203-11010 101 ST NW  
Edmonton  
Fax: 780.425.5979